FOOD INSECURITY IN THE STATE OF NEVADA

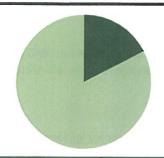


NEVADA



2,759,193 (2012 Census Pop. Est.)

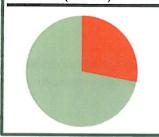
FOOD INSECURITY RATE (2011)



17.4% of state population

472,660 food-insecure people

CHILD FOOD INSECURITY RATE (2011)



28% of children in state, or

183,360 food-insecure children

66% below 34% above

Subsidized School Meal-Eligible Children (SY 2013-2014)

54.7%

233,493 children

Prog. Eligible

FOOD-INSECURE WHO CANNOT APPLY FOR FEDERAL FOOD AID

61% can apply for food stamps (SNAP)

39%

cannot apply for food stamps (SNAP)

Children in Poverty (2009-11): 21.3%

CDC Adult Diabetes Rate (2009): 8.2%

CDC Adult Obesity Rate (2009): 22.4%

Unemployment (November 2013): 122,708 unemployed residents 9% of population

MEAL GAP (number of meals)

OF A MEAL

MEAL GAP (\$ per year)

77,056,563 meals X

\$ 2.56

\$197,264,800

FOOD BUDGET SHORTFALL (per person, per week)

\$13.76

*Data derived from Current Population Survey (CPS)

questions asking respondents about their food expenditures and food budget shortfalls (rounded)

PERCENTAGE OF LOW-INCOME PEOPLE WITHOUT ACCESS TO GROCERY STORE: 12%

PERCENTAGE OF ALL RESTAURANTS THAT ARE FAST-FOOD ESTABLISHMENTS: 46%

See: www.countyhealthrankings.org

NEVADA COST OF FOOD INDEX (CFI): 0.959

The Nielsen Company-developed relative price index to allow for comparison of local food prices to the national average.

Food Insecurity County Data Sheet <u>Definitions</u>

Food Insecurity

A household is food secure if all members have access to enough food for an active, healthy life.

Subsidized School Meals

Subsidized school lunch (and breakfast, when offered) are available to children, depending on household income. Children in households at 130% or below of the federal poverty threshold are eligible to receive free school meals. Children between 130 and 185% of poverty are eligible for reduced-price school meals.

Program-Eligible Children

This two-toned green bar indicates the percentage of food insecure children that are eligible to receive subsidized school meals, WIC and other benefits. The shocking reality is that a high percentage of those struggling with food insecurity are not eligible for federal nutrition assistance.

Food Insecure Who Cannot Apply for Federal Food Aid

The darker-toned area of the green bar shows the percentage of food-insecure residents that are ineligible to even apply for food stamps (SNAP). Amongst those who can apply, there will be an additional percentage that are ineligible.

Children in Poverty

This is the percentage of children in the state living in a household with income below the poverty threshold, which, for a family of four, is \$22,350/year, or \$1,863/month.

CDC Diabetes and Obesity Rates

Diabetes and Obesity are positively correlated to food insecurity. According to the Food Research and Action Center, "Households without money to buy enough food often have to rely on cheaper, high-calorie foods to cope with limited money for food and stave off hunger. Families try to maximize caloric intake for each dollar spent, which can lead to overconsumption of calories and a less healthful diet." Refined grains, sugar, and fat cost less per calorie than produce.

Meal Gap (# of Meals)

The calculated number of meals/year that corresponds to the food budget shortfall reported by food-insecure individuals in the state. In other words, this is the number of meals the food insecure in Nevada could not afford to purchase in 2009.

Average Cost of a Meal

The calculated cost of a meal for one food secure person in the state, based on a USDA definition of a meal plan and typical grocery expenditures in Nevada.

Meal Gap (\$ per Year)

The dollars needed to fill the meal gap.

Food Budget Shortfall

The weekly budget shortfall for food experienced by food insecure individuals in Nevada. This question is asked of the food-insecure by the Census Bureau.

Cost of Food Index

The relative cost of food in the state compared to the national average. Less than one indicates food is slightly less expensive than the national average. More than one means food is more expensive here. (Based on a USDA-defined meal plan and Nielson Company cash-register data.)