# Mental Health Workforce and Education

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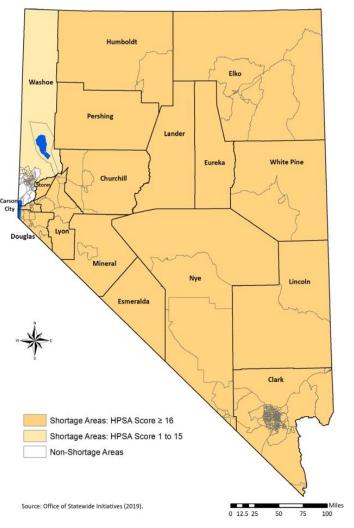
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### Mental Health Workforce Shortages



- 3 million Nevadans reside in a mental health care health professional shortage area or "HPSA" or 94.5% of the state's population, including 100% of Clark County and Carson City residents
- 16 single-county mental health care HPSAs, including all 14 rural and frontier counties in Nevada

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### Ratio of Population to Mental Health Providers in Nevada

US Average = 380:1

Nevada Average = 422:1

Nevada Range = 287:1 to 2,580:1



### School Behavioral Health Provider Shortages

Provider Type	Nevada Ratio	Recommended Ratio	Need
School Psychologist	1:1,866	1:500	3.7 times as many
School Social Worker	1:8,730	1:250	35 times as many
School Counselor	1:544	1:250	Twice as many

#### **NEBRASKA**

- 2004 Nebraska Legislature (LB1083): Nebraska Behavioral Health Services Act
  - "...promote activities in research and education to improve the quality of behavioral health services, the recruitment and retention of behavioral health professionals, and the availability of behavioral health services."
- 2009 Nebraska Legislature (LB603): Behavioral Health Workforce Act
  - Introduced by Health and Human Services Committee
  - "The Legislature finds that there are insufficient behavioral health professionals in the Nebraska behavioral health workforce..."

### University of Nebraska:

### Behavioral Health Education Center of Nebraska (BHECN)

- 2009 Nebraska Legislature (LB603): Behavioral Health Workforce Act
  - Creates BHECN to be administered by University of Nebraska Medical Center
    - Add 2 additional Psychiatry residents yearly
    - Fund 5 doctoral-level Psychology internships (+5 in 3 years)
    - Train BH professionals in telehealth
    - Analyze workforce trends
    - Establish learning collaborative with other higher education institutions and stakeholders
    - Develop 2 interdisciplinary BH training sites each year
    - Legislative report every 2 years

https://unmc.edu/bhecn/

## University of Nebraska: Behavioral Health Education Center of Nebraska (BHECN)

- Engage and Recruit
  - Ambassador Program: connect high school students with resources and <u>mentors</u> to engage interest in BH professions (rural and urban underserved areas)
- Prepare and Train
  - Connect college students to training and mentoring opportunities with emphasis on interprofessional training
  - Fund residency, practicum, and intern positions
- Retain and Support
  - Support regional professional development trainings
  - Emphasis on provider wellness

\$1,385,160 from general fund FY10 \$1,696,385 from general fund FY21 \$25 Million in ARPA funds (LB1014, 2022)

### A Decade of BHECN

- 2010-2021: connected with more than 5,000 high school and college students
- Strengthened partnerships with 18 academic institutions in the state to collaborate on training and workforce retention
- 40 Integrated Behavioral Health Clinics established (25 in rural counties)
- BH jobs website (327,000+ hits) <a href="https://nebhjobs.com/">https://nebhjobs.com/</a>
- 2010-2020:
  - 32% increase in psychiatric prescribers
  - 39% increase among psychologists and mental health therapists

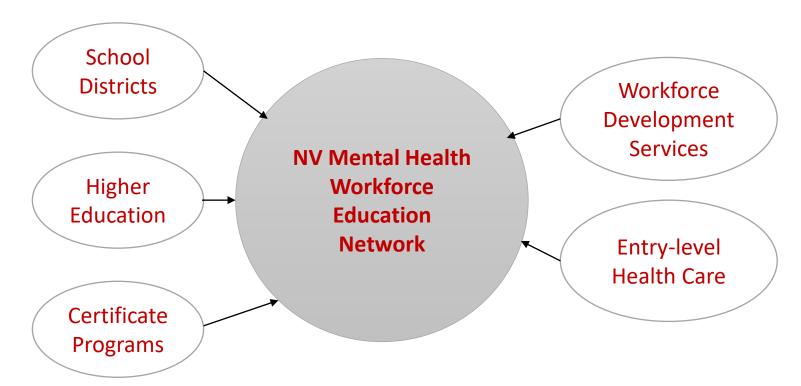
### Illinois Version

- House Resolution (2018): Declare Mental Healthcare Emergency
- HB5111 (2018): Created Behavioral Health Workforce Education Center Task Force
- HB158 (2021): Created Behavioral Health Workforce Education Center of Illinois
  - Requires the Board of Higher Education to select a public institution of higher education to administer the Center within 90 days of the effective date of the Act, with a goal of leveraging workforce and behavioral health resources to produce reforms. Subject to appropriation, the Center must be operational on or before July 1, 2022.
  - Initial investment of \$6 Million; funding from DHHS and IBHE
  - Open end of 2022/beginning of 2023
- **❖** Kansas exploring the BHECN model

### Proposal:

#### Nevada Mental Health Workforce Education Network

- Create statewide network of partners based on BHECN model
  - Education, employers, policy makers, state entities, community groups, insurance
  - Administered under NSHE
- Constructed with various entry points into NSHE



### Proposal: Nevada Mental Health Workforce Education Network

- Recruitment into careers
- Mentor matching in geographic locations
- Workshops and conferences for licensed professionals
- Data tracking
- Policy
- Statewide mental health jobs board



### Questions?

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