

Joe Lombardo
Governor



DEPARTMENT OF HUMAN SERVICES

DIRECTOR'S OFFICE

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Laura Rich
Director

May 13, 2026

Memorandum

To: Dr. Jon Pennell, Chair
Nevada State Board of Health

From: Tina Dortch, Program Manager
Nevada Office of Minority Health and Equity (NOMHE)

Re: **(NRS.232.482) There is hereby created in the Office an Advisory Committee consisting of nine voting members appointed by the Department and State Board of Health; June 5, 2026 RE-APPOINTMENTS Requested**

In accordance with Nevada Revised Statutes (NRS) 232.482, it is the responsibility of the State Board of Health to appoint six members of the Nevada Office of Minority Health and Equity (NOMHE) Advisory Committee on Minority Health (i.e. AC), as detailed below:

1. The Director of the Department shall appoint three members who have an interest in health issues related to minority groups.
2. The State Board of Health shall appoint:
 - a. Three members representing each geographic region of the State, including one member who resides in southern Nevada, one member who resides in northern Nevada and one member who resides in rural Nevada;
 - b. One member who is a representative of a non-profit organization located in the state;
 - c. One provider of health care in this state; and
 - d. One member of the public at large.
3. One Legislator who is appointed by the Legislative Commission shall serve on the Advisory Committee in an ex-officio, nonvoting capacity.

As of June 2026, two of the nine NOMHE seats will be vacant. Per this letter, **re-appointment is being requested for two (Board of Health appointed) candidates**. With this action seven seats will be filled - five by Board of Health appointments.

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702-486-2151 | https://dhhs.nv.gov/Programs/CHA/MH/Office_of_Minority_Health/

Staff Recommendation

Staff recommend that, effective with your ruling, the Nevada Board of Health re-appoint the following people to the Nevada Office of Minority Health and Equity Advisory Committee on Minority Health, to serve their (final) two-year terms:

- **Dr. Andrew Thomas Reyes** - Associate Professor, UNLV School of Medicine and President AAPI Nursing Association (AAPINA) of NV. **Representative from “Interest in Health Issues Related to Minorities / Healthcare Provider” categories.** Board of Health appointment.
- **Ms. Tiara Flynn** - Doula, The Phenomenal Mama. **Representative from “Nonprofit” category.** Board of Health appointment.

A copy of both candidate’s resumes is attached and a matrix denoting a selection process which addresses maintaining the statutorily required ethnic, geographic and professional diversity inclusive composition is attached.

Presenter

Tina Dortch, Program Manager, Nevada Office of Minority Health and Equity

NOMHE Advisory Committee on Minority Health Board Composition as of June 2026

	Name (date of appointment or reappointment)	Ethnicity	N NV, S NV or Central NV	Notable Interest in Health Issues Related to Minorities	Nonprofit	Healthcare Provider	Representative from Public at Large
1	Tiara Flynn (1 of 6 BoH Re-Apptd; June 2028)	African American	Southern NV			Phenomenal Mama (Doula)	
2	Samuel Hickson, PhD (2 of 3 Dir Re-Apptd; May 2024)	Hispanic	Southern NV	LGBTQ awareness, disparities, research		Clinical Trial Rater, W3 – Clinical Research Ctr of Nevada	
3	Maggie Salas Crespo (2 of 6 BoH Re-Apptd; Sept 2025)	Latina	Southern NV	BIPOC focused advocate			PR Firm representative-focus on BIPOC awareness raising
4	Andrew Thomas Reyes, PhD (3 of 6 BoH Re-Apptd; June 2028)	Asian/Pacific Islander	Southern NV	Assoc Professor – UNLV School of Nursing	Pres, AAPI Nursing Association of NV		
5	Nicholas Dunkle 4 of 6 (BoH Re-Apptd; Dec 2024)	Latino	Northern NV			Diversity & Outreach, UNR SOM	
6	Bishop Bonnie Radden (3 of 3 Dir Apptd; Aug 2024)	Caucasian	Southern Nevada	LGBTQ+ Advocate		Trauma-Informed Behavioral Health Counselor	Faith-Based Community Leader
7	Nancy Bowen (6 of 6 BoH Re-Apptd; Dec 2024)	Caucasian	Northern Nevada		CEO, NV Primary Care Association	Supports FQHCs, MCOs	



April 23, 2026

Tina Dortch, MPA
Program Manager
Nevada Office of Minority Health and Equity (NOMHE)
Department of Human Services (DHS), Director's Office

Dear Ms. Dortch,

I am writing to express my sincere interest in extending my appointment as a member of the Advisory Committee for the Nevada Office of Minority Health and Equity (NOMHE) for a second term.

Since my initial appointment in 2024, it has been an honor to serve on the Advisory Committee. Through this role, I have gained valuable insights into statewide efforts to advance health equity and address disparities among Nevada's most vulnerable populations. I am grateful for the opportunity to contribute to NOMHE's mission of reducing disproportionately experienced health inequities and supporting initiatives that promote culturally competent and accessible health care.

During my tenure, I have actively engaged in discussions and initiatives that align with NOMHE's vision of achieving optimal health and wellness for all minority and marginalized communities. I am particularly inspired by NOMHE's work in advancing cultural competency in health care systems and supporting data-driven efforts such as the Minority Health Reports, which guide policy and targeted interventions across the state.

In addition to my role with NOMHE, I served as the President of the Asian American Pacific Islander Nurses Association (AAPINA) of Nevada during my term on the Advisory Committee and currently serve as the Immediate Past President. AAPINA of Nevada is committed to improving the health and well-being of communities through research, practice, education, collaboration, and policy advocacy. While focused on Asian American and Pacific Islander populations, our work extends to broader minority and underserved groups through partnerships and community engagement efforts across Nevada. This leadership experience has strengthened my ability to contribute meaningfully to NOMHE's initiatives and to support collaborative, community-informed approaches to advancing health equity.

As an Associate Professor at the University of Nevada, Las Vegas School of Nursing, my work in minority health research, psychiatric-mental health nursing, and community engagement

continues to align closely with NOMHE's priorities. I remain committed to contributing my expertise in research, education, and community leadership to further support NOMHE's efforts in advancing health equity in Nevada.

Having both learned significantly from this experience and contributed meaningfully to the Advisory Committee's work, I would be honored to continue serving for another term. I am enthusiastic about further supporting NOMHE's initiatives and collaborating with fellow members to strengthen equitable health outcomes across the state.

Thank you for your consideration. I would be pleased to continue serving in this capacity.

Sincerely,



Dr. Andrew Thomas Reyes, PhD, RN
Associate Professor
School of Nursing
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UNLV | School of
NURSING

4/23/2026

ANDREW THOMAS REYES, PhD, RN

WORK CONTACT INFORMATION:

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4505 S. Maryland Parkway, Box 453018
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Office Phone: 702-895-5094
Alternate Phone: 702-582-2166

LICENSURE/CERTIFICATION:

Nevada RN License
New York RN License

BIOGRAPHICAL WEBSITE:

<https://www.unlv.edu/people/andrew-thomas-reyes>

EDUCATION:

<u>Date</u>	<u>Institution</u>	<u>Field of Study</u>	<u>Degree</u>
2023 to Present	University of Nevada Reno	PMHNP	Current Student
2015	University of Western Ontario	Nursing	PhD
2003	D'Youville College	Nursing	MSN
1999	Humber College	Mental Health Nursing	Post-RN Certificate
1992	Remedios T. Romualdez College of Nursing	Nursing	BSN

ACADEMIC EXPERIENCE:

<u>Date</u>	<u>Position</u>	<u>Institution, City, State</u>
2022-Present	Associate Professor (tenured)	UNLV, Las Vegas, NV
2016-2022	Assistant Professor (tenure-track)	UNLV, Las Vegas, NV
2011-2015	Clinical Instructor	York University, Toronto, Ontario, Canada
2011-2012	Clinical Instructor	Humber-University of New Brunswick, Toronto, Ontario, Canada
2009	Clinical Instructor	University of Western Ontario, London, Ontario, Canada
2007-2008	Clinical Instructor	Humber-University of New Brunswick, Toronto, Ontario, Canada

EXPERIENCE OTHER THAN ACADEMIC TEACHING:

<u>Date</u>	<u>Title</u>	<u>Place</u>
2008-2015	Staff Nurse	Centre for Addiction and Mental Health, Toronto, Ontario, Canada
2006-2009	Staff Nurse	London Health Sciences Centre, London, Ontario, Canada
2004-2006	Manager of Nursing Education	Centre for Addiction and Mental Health, Toronto, Ontario, Canada
2002-2004	Staff Nurse	St. Michael's Hospital, Toronto, Ontario, Canada
1996-2001	Staff Nurse	Centre for Addiction and Mental Health, Toronto, Ontario, Canada

1995-2000 Staff Nurse William Osler Health Centre, Brampton, Ontario, Canada

HONOR SOCIETIES/ACADEMIES:

<u>Date</u>	<u>Organization</u>
2002	Sigma Theta Tau International Nursing Honor Society

HONORS AND AWARDS:

<u>Date</u>	<u>Award</u>
2025	Scholarship and Research Impact Award, Tanglaw Award of the Philippine Nurses Association of Nevada (PNA-NV)
2024	Advancement in Inquiry Award, Filipino American Advanced Practice Registered Nurses Association of Nevada (FAPRNA Nevada)
2019	Nurse of the Year, Nursing Research Category, March of Dimes
2019	Stellar Nurse, Nevada Nurses Association, Partnering Professional Nursing Organization Stellar Nurse (Sigma Theta Tau International)
2019	Nurse Researcher of the Year, Future of Nursing in Nevada Award, Nevada Action Coalition
2019	Outstanding Scholarship Award, School of Nursing, University of Nevada, Las Vegas
2018	Nominated, Nurse of the Year, Behavioral Health Category, March of Dimes
2018	Fellow, Luther Christman Award, American Association for Men in Nursing
2017	Returning Fellow of the Okura Leadership Nurse Scholar Award
2016	Research Mentoring Grant, UNLV School of Nursing
2016	Okura Leadership Nurse Scholar Award
2007	STTI Iota Omicron Chapter Research Award
2007	Registered Nurses' Foundation of Ontario's Provincial Nurse Educator Interest Group Research Award
2007	Irene E. Nordwich Foundation Scholarship Award
2000-2001	Program Merit Scholarship Award, D'Youville College
2003	Fellowship Program for Registered Nurses, St. Michael's Hospital, Toronto, Canada
1992	YMCA Most Outstanding Student Award, Philippines

RESEARCH, CREATIVE ACCOMPLISHMENTS, AND SCHOLARSHIP:

Peer Reviewed Publications

- (* denotes data-based; underlined denotes mentored student co-authors)
- ***Reyes, A. T.**, Manilay-Robles, C., Serafica, R., Cacciata, M. C., Kawi, J., & Evangelista, L. S. (2026). Health education modalities and influencing factors in rural Philippine communities: A mixed-methods study. *Healthcare (Basel, Switzerland)*, 14(2), 210. <https://doi.org/10.3390/healthcare14020210>
 - ***Reyes, A. T.**, Serafica, R., Cacciata, M. C., Leyva, E. W. A., Kawi, J., & Evangelista, L. S. (in press). Exploring lifestyle correlated of mental health among low-income Filipino men in rural areas. *American Journal of Men's Health*. <https://doi.org/10.1177/15579883261443705>
 - *Candelaria, D., Reyes, A. T., Serafica, R., Cacciata, M., Sta. Maria, A., Kawi, J., & Evangelista, L. S. (2026). Enhancing psychological health and weight-related behaviors in older adults through digital interventions: Findings from the Get FIT randomized pilot trial. *Clinical Gerontologist*. Advance online publication. <https://doi.org/10.1080/07317115.2026.2663008>
 - *Mangohig, J., Kawi, J., Reyes, A. T., Serafica, R., Cacciata, M. C., Manilay-Robles, C., & Evangelista, L. S. (2026). Chronic pain and biopsychosocial correlates in rural Filipino adults: A cross-sectional secondary analysis. *Healthcare (Basel, Switzerland)*, 14(2), 214. <https://doi.org/10.3390/healthcare14020214>

- *Serafica, R., Fudolig, M., **Reyes, A. T.**, & Evangelista, L. S. (2025). Underrated risk: Food insecurity and distress of Filipino Americans with hypertension in a primary care setting. *Journal of the American Association of Nurse Practitioners*, 10.1097/JXX.0000000000001224. Advance online publication. <https://doi.org/10.1097/JXX.0000000000001224>
- ***Reyes, A. T.**, Fudolig, M. A., Brock, A., Sharma, M., & Evangelista, L. S. (2025). Racial differences in trauma outcomes after a mindfulness app intervention in frontline nurses: A secondary data analysis. *Issues in Mental Health Nursing*, 46(11), 1099–1108. <https://doi.org/10.1080/01612840.2025.2556448>
- ***Reyes, A. T.**, Candelaria, D., Serafica, R., Hildebrand, J. A., Cacciata, M., Santa Maria, A. S., Lee, J. A., Strömberg, A., & Evangelista, L. S. (2025). Task effectiveness, usability, and acceptability of mHealth technologies among older adults at risk for cardiovascular disease: A feasibility study. *Health & Technology*, 15, 531–538. <https://doi.org/10.1007/s12553-025-00969-5>
- *Cacciata, M., Candelaria, D., **Reyes, A. T.**, Serafica, R., Hildebrand, J. A., Santa Maria, A., Lee, J. A., Strömberg, A., & Evangelista, L. S. (2025). Digital health technologies to promote healthy eating and physical activity and reduce risk factors for cardiovascular disease in older adults: A pilot study. *The Journal of Cardiovascular Nursing*, 40(5), 475–485. <https://doi.org/10.1097/JCN.0000000000001184>
- *Benfield, R. A., Dingley, C., **Reyes, A. T.**, Serafica, R., & Brown, A. (2025). A warm water immersion intervention for symptoms of PTSD in military veterans: A qualitative descriptive study. *Canadian Journal of Nursing Research*, 57(2), 227–241. <https://doi.org/10.1177/08445621241309148>
- Benfield, R. D., **Reyes, A. T.**, Song, H., Serafica, R., Brown, A., & Dingley, C. (2025). The positive effects of water immersion for symptoms of PTSD in veterans: A mixed methods study. *International Journal of Clinical Practice*, 2025, Article 1369052. <https://doi.org/10.1155/ijcp/1369052>
- *Candelaria, D., Cacciata, M., Serafica, R., **Reyes, A. T.**, Hildebrand, J. A., Santa Maria, A. S., Lee, J. A., Stromberg, A., & Evangelista, L. S. (2025). Patient activation improves with a multi-component personalized mHealth intervention in older adults at risk of cardiovascular disease: A pilot randomized controlled trial. *European Journal of Cardiovascular Nursing*, 24(2), 316–322. <https://doi.org/10.1093/eurjcn/zvae159>
- *Serafica, R., **Reyes, A. T.**, Cacciata, M. C., Kawi, J., Leyva, E. W. A., Sy, F. S., & Evangelista, L. S. (2025). Bridging the gap: Reducing health inequities in access to preventive health care services in rural communities in the Philippines. *Journal of Transcultural Nursing*, 36(1), 24–33. <https://doi.org/10.1177/10436596241271270>
- Stidolph, C., Kawi, J., Dingley, C. E., Hart, A. M., Giger, J., Benfield, R., & **Reyes, A. T.** (2025). An integrative review of new nurse practitioners' experiences in rural healthcare practice. *Rural and remote health*, 24(2), 9626. <https://doi.org/10.22605/RRH9626>
- ***Reyes, A. T.**, Fudolig, M., Sharma, M., & Evangelista, L. S. (2024). Testing the effectiveness of a mindfulness- and acceptance-based smartphone app for nurses traumatized by the COVID-19 pandemic: A pilot study. *Issues in Mental Health Nursing*, 45(10), 1034–1045. <https://doi.org/10.1080/01612840.2024.2385571>
- *Kawi, J., Fudolig, M., Serafica, R., **Reyes, A. T.**, Sy, F., Leyva, E. W., & Evangelista, L. S. (2024). Health information sources and health-seeking behaviors of Filipinos living in medical underserved communities: Empirical quantitative research. *Nursing Open*, 11(3), Article e2140. <https://doi.org/10.1002/nop2.2140>
- Evangelista, L. S., Reyes, A. T., Tran, D.-M., & Serafica, R. (2024). Testing multicomponent digital therapies to promote healthier lifestyle behaviors in older adults: A pilot study. *Journal of Cardiac Failure*, 30(1), 256. [https://onlinejcf.com/article/S1071-9164\(23\)00709-1/abstract](https://onlinejcf.com/article/S1071-9164(23)00709-1/abstract)
- *Evangelista, L., Tran, D. M., Serafica, R., & **Reyes, A. T.** (2023). Testing multicomponent digital therapies to promote healthier lifestyle behaviors in older adults: A pilot study. *Innovation in Aging*, 7(Suppl 1), 425. <https://doi.org/10.1093/geroni/igad104.1402>
- ***Reyes, A. T.**, Serafica, R., Kawi, J., Fudolig, M., Sy, F., Leyva, E. W., & Evangelista, L. S. (2023). Using the socio-ecological model to explore barriers to healthcare provision in underserved

communities in the Philippines. *Asian/Pacific Island Nursing Journal*, 7, Article e45669.
<https://doi.org/10.2196/45669>

- *Serafica, R., Fudolig, M., Kawi, J., **Reyes, A. T.**, Leyva, E. W. A., Sy, F. S., & Evangelista, L. S. (2023). Correlates of psychological distress among Filipino Americans and Filipinos living in urban areas in the United States and the Philippines. *Journal of Transcultural Nursing*, 34(4), 256–262.
<https://doi.org/10.1177/10436596231159004>
- ***Reyes, A. T.**, & Cross, C. L. (2022). Relationships among rumination, resilience, mindfulness, and perceived PTSD symptoms in military veterans returning to college: A cross-sectional study. *Journal of Psychosocial Nursing and Mental Health Services*, 61(6), 43–50.
<https://doi.org/10.3928/02793695-20221027-05>
- ***Reyes, A. T.**, Cross, C. L., & Manzano, Ehdzky-Ray M. (2022). The moderating role of resilience on mindfulness, experiential avoidance, and posttraumatic stress disorder (PTSD) symptoms of college student veterans: A cross-sectional study. *Issues in Mental Health Nursing*, 43(8), 721–729. <https://doi.org/10.1080/01612840.2022.2051104>
- ***Reyes, A. T.** (2022). The process of learning mindfulness and acceptance through the use of a mobile app based on acceptance and commitment therapy: A grounded theory analysis. *Issues in Mental Health Nursing*, 43(1), 3–12. <https://doi.org/10.1080/01612840.2021.1953652>
- Evangelista, L. S., Serafica, R., **Reyes, A. T.**, Fudolig, M., Kawi, J., & Sy, F. (2022). Addressing the elephant in the room: Structural racism and health inequities in the Philippines. *International Forum for Nursing and Healthcare*, 5, 14–16.
- *Palompon, D. R., **Reyes, A. T.**, Garcia, L., Cutamora, J., Gonzaga, J. I., Tipon, L., Pontillas, L., Cañeda, J., Mariz Castillo, J. M., Pananganan, V., Nemenzo, E., Hui, V., Cuevas, P. E., Tan, R., & Constantino, R. E. (2022). HEARTS Matters: The moderation and mediation effects of resilience, experience of abuse, and technology use in older persons. *Research Square*. Advance online publication. <https://doi.org/10.21203/rs.3.rs-1509604/v1>
- *Angosta, A. D., **Reyes, A. T.** & Cross, C. L. (2021). Cardiovascular disease knowledge, risk factors, and resilience among U.S. veterans with and without PTSD. *Journal of the American Association of Nurse Practitioners*, 33(11), 947–958. <https://doi.org/10.1097/JXX.0000000000000507>
- *Bareis, D. R., Gaal, W. R., Samuel, M. N., Girouard, T. J., **Reyes, A. T.**, & Radzak, K. N. (2021). Differences in return to play between two collegiate football players with exertional rhabdomyolysis. *Athletic Training & Sports Health Care*, 13(5), e338–343.
<https://doi.org/10.3928/19425864-20210301-01>
- Constantino, R. E., **Reyes, A. T.**, Scott, P. W., Petrie, J. Carmack, S., Ramos, M. D. Palanisamy, B., Cuevas, P. E. G., Kang, H. K., Palompon, D. R. Hui, V., & Burkart, R. E. (2021). Life course in HEARTS: Enhancing telehealth resilience and mindfulness intervention in older adults experiencing abuse and trauma – A conceptualization. *Open Access Journal of Complementary & Alternative Medicine*, 3(1), 303–312. <https://lupinepublishers.com/complementary-alternative-medicine-journal/pdf/OAJCAM.MS.ID.000154.pdf>
- Glasofer, A., Dingley, C., & **Reyes, A. T.** (2021). Medication decision making among African American caregivers of children with ADHD: A review of the literature. *Journal of Attention Disorders*, 25(12), 1687–1698. <https://doi.org/10.1177/1087054720930783>
- ***Reyes, A. T.**, Song, H., Bhatta, T. R., & Kearney, C. A. (2021). Exploring the relationships between resilience, mindfulness, and experiential avoidance after the use of a mindfulness- and acceptance-based mobile app for posttraumatic stress disorder. *Perspectives in Psychiatric Care*, 58(2), 776–784. <https://doi.org/10.1111/ppc.12848>
- *Constantino, R. E., **Reyes, A. T.**, Kregg-Byers, C. M., Braxter, B., Scott, P. W., Cobb, J., Hui, V., Ren, D., Kameg, B., Cuevas, P. E. G., Palompon, D. R., Petrie, J., & Palanisamy, B. (2020). Matters of HEARTS: Health, experience of abuse, resilience, technology use, and safety of older adults. *Educational Gerontology*, 46(7), 367–381.
<https://doi.org/10.1080/03601277.2020.1757588>
- Reyes, A. T.** (2020). A mindfulness mobile app for traumatized COVID-19 healthcare workers and recovered patients: A response to “The use of digital applications and COVID-19.” *Community*

- Mental Health Journal*, 56(7), 1204–1205. <https://doi.org/10.1007/s10597-020-00690-9>
- *Reyes, A. T., Bhatta, T. R., Muthukumar, V., & Gangozo, W. J. (2020). Testing the acceptability and initial efficacy of a smartphone-app mindfulness intervention for college student veterans with PTSD. *Archives of Psychiatric Nursing*, 34(2), 58–66. <https://doi.org/10.1016/j.apnu.2020.02.004>
- *Reyes, A. T., Constantino, R. E., Cross, C. L., Tan, R. A., & Bombard, J. N. (2020). Resilience, trauma, and cultural norms regarding disclosure of mental health problems among foreign-born and U.S.-born Filipino American women. *Behavioral Medicine*, 46(3-4), 217–230. <https://doi.org/10.1080/08964289.2020.1725413>
- *Reyes, A. T., Muthukumar, V., Bhatta, T. R., Bombard, J. N., & Gangozo, W. J. (2020). Promoting resilience among college student veterans through an acceptance-and-commitment-therapy app: An intervention refinement study. *Community Mental Health Journal*, 56(7), 1206–1214. <https://doi.org/10.1007/s10597-020-00617-4>
- *Reyes, A. T., Serafica, R., & Sojobi, A. (2020). College student veterans' experience with a mindfulness- and acceptance-based mobile app intervention for PTSD: A qualitative study. *Archives of Psychiatric Nursing*, 34(6), 497–506. <https://doi.org/10.1016/j.apnu.2020.09.005>
- Constantino, R. E., Angosta, A. D., Reyes, A. T., Kameg, B., Wu, L., Cobb, J. Hui, V., Palompon, D., Safadi, R., Daibes, M., & Schlenk, E. (2019). Is intimate partner violence a risk factor for cardiovascular disease in women? A review of the preponderance of the evidence. *Health*, 11, 841–854. <https://doi.org/10.4236/health.2019.116067>
- Kawi, J., Reyes, A. T., & Arenas, R. A. (2019). Exploring pain management among Asian immigrants with chronic pain: Self-management and resilience. *Journal of Immigrant and Minority Health*, 21(5), 1123–1136. <https://doi.org/10.1007/s10903-018-0820-8>
- *Reyes, A. T., Constantino, R. E., Cross, C. L., Tan, R. A., Bombard, J. N., & Acupan, A. R. (2019). Resilience and psychological trauma among Filipino American women. *Archives of Psychiatric Nursing*, 33(6), 177–185. <https://doi.org/10.1016/j.apnu.2019.08.008>
- *Reyes, A. T., Kearney, C. A., Bombard, J. N., Boni, R. L., Senette, C. L., & Acupan, A. R. (2019). Student veterans' coping with posttraumatic stress symptoms: A Glaserian grounded theory study. *Issues in Mental Health Nursing*, 40(8), 655–664. <https://doi.org/10.1080/01612840.2019.1591545>
- *Serafica, R. & Reyes, A.T. (2019). Acculturative stress as experienced by Filipino grandparents in America: A qualitative study. *Issues in Mental Health Nursing*, 40(5), 421–430. <https://doi.org/10.1080/01612840.2018.1543740>
- Reyes, A. T., Constantino, R. E., Arenas, R. A., Bombard, J. N., & Acupan, A. R. (2018). Exploring challenges in conducting e-mental health research among Asian American women. *Asian/Pacific Islander Nursing Journal*, 3(4), 139–153. <https://doi.org/10.31372/20180304.1016>
- Reyes, A. T., Kearney, C. A., Lee, H., Isla, K., & Estrada, J. (2018). Interventions for posttraumatic stress with resilience as outcome: An integrative review. *Issues in Mental Health Nursing*, 39(2), 166–178. <https://doi.org/10.1080/01612840.2017.1390801>
- *Reyes, A. T., Kearney, C. A., Isla, K., & Bryant, R. (2018). Student veterans' construction and enactment of resilience: A constructivist grounded theory study. *Journal of Psychiatric and Mental Health Nursing*, 25(1), 37–48. <https://doi.org/10.1111/jpm.12437> Awarded as Top Cited Article in the *Journal of Psychiatric and Mental Health Nursing* from 2018 to 2019.
- *Reyes, A. T., Serafica, R., Cross, C. L., Constantino, R. E., & Arenas, R. A. (2018). Resilience, acculturative stress, and family norms against disclosure of mental health problems among foreign-born Filipino American women. *Asian/Pacific Island Nursing Journal*, 3(3), 80–93. <https://doi.org/10.31372/20180303.1002>
- Reyes, A. T., & Constantino, R. E. (2016). Asian American women's resilience: An integrative review. *Asian/Pacific Island Nursing Journal*, 1(3), 105–115. <https://doi.org/10.9741/23736658.1048>
- *Reyes, A. T., Andrusyszyn, M. A., Iwasiw, C. L., Forchuk, C., & Babenko-Mould, Y. (2015). Nursing students' understanding and enactment of resilience: A grounded theory study. *Journal of Advanced Nursing*, 71(11), 2622–2633. <https://doi.org/10.1111/jan.12730>

Reyes, A. T., Andrusyszyn, M. A., Iwasiw, C. L., Forchuk, C., & Babenko-Mould, Y. (2015). Resilience in nursing education: An integrative review. *Journal of Nursing Education*, 54(8), 438–444. <https://doi.org/10.3928/01484834-20150717-03>

Publications

Abstracts

- ***Reyes, A. T.** (2019). *Cultural factors affecting resilience of Filipino immigrant women*. Virginia Henderson Global Nursing e-Repository. <http://hdl.handle.net/10755/17939>
- *Kawi, J., **Reyes, A. T.**, & Arenas, R. (2019). *Resilience: Understanding how Asian immigrants manage in the face of chronic pain*. Virginia Henderson Global Nursing e-Repository. <http://hdl.handle.net/10755/17938>

Publications

Book Chapter

Constantino, R. E., Cobb, J., Kameg, B., Maranzana, F. G., Ebube, A., Wu, L., Kregg-Byers, C., Cuevas, P. E., & **Reyes, A. T.** (2018). Ethical, legal, and sociocultural issues (ELSI) in nursing viewed through a complex synergistic system lens. In *Top 10 contributions on nursing & health care*. <http://www.avidscience.com/book/top-10-contributions-on-nursing-health-care/>

h-index

Scopus h-index: 10

Google Scholar h-index: 19

I10-index: 25

ResearchGate h-index: 13

Presentations – International/National

(* denotes data-based; underline denotes mentored student co-authors.)

- ***Reyes, A. T.**, Serafica, R., & Evangelista, L. S. (2026, May 5). Culturally mediated barriers to mental health help-seeking among Filipino American older adults: A cross-sectional study. Podium presented at the 11th International Conference of the European Transcultural Nursing Association. Limassol, Cyprus. Presenter/Author.
- ***Reyes, A. T.** (2026, January 23). Mental health across borders: Conducting research among Filipinos in two nations. Featured speaker, panel presentation at the Filipino Nurses Global Summit VI and 15th International Nursing Conference of the Philippine Nurses Association of America. Manila, Philippines. Featured Speaker (invited).
- ***Reyes, A. T.** (2026, January 20). Enhancing rigor and trustworthiness in qualitative research. Featured guest speaker at the First International Summit 2026 of Silliman University, Foundation University, Negros Oriental State University, and the St. Paul University Dumaguete. Dumaguete, Philippines. Featured Speaker (invited).
- ***Reyes, A. T.** (2025, November). Cultural food, chronic illness, and coping: Filipino American experiences of food insecurity in a U.S. primary care setting. Podium presented at the 51st Annual Conference of the Transcultural Nursing Society. Portland, Maine. Presenter/Author.
- ***Reyes, A. T.**, & Williams, M. (2025, July). *Resilience, PTSD, and cultural norms: The influence of family non-disclosure of mental illness among Filipino American women*. Podium presented at the Annual Conference of the Asian American Pacific Islander Nurses Association. Arlington, Texas.
- Reyes, A. T.** (2025, January). *Empowering one's nursing educational journey: Achieving academic success and exploring nursing career horizons*. Special Lecture presented at the Doña Remedios Trinidad Romualdez Medical Foundation. Leyte, Philippines, Primary Author/Presenter (invited).
- Reyes, A. T.** (2025, January). *Navigating challenges and mitigating pitfalls in qualitative research: Practice strategies for success*. Special Lecture presented at the Doña Remedios Trinidad Romualdez Medical Foundation. Leyte, Philippines, Primary Author/Presenter (invited).

- ***Reyes, A. T.**, Candelaria, D., Serafica, R., Hildebrand, J., Cacciata, M., Santa. Maria, A., Lee, A.-H., Strömberg, & Evangelista, L. S. (2024, November). *Task effectiveness, usability, and acceptability of mHealth technologies among older adults at risk for cardiovascular disease: A feasibility study*. Podium presented at the American Heart Association's Annual Scientific Sessions 2024. Chicago, Illinois. Presenter/Author.
- ***Reyes, A. T.** (2024, October). *Self-care intervention through mindfulness and acceptance for frontline nurses with PTSD: A randomized controlled trial*. Podium presented at the 50th Annual Conference of the Transcultural Nursing Society. Salt Lake City, Utah. Presenter/Author.
- ***Reyes, A. T.** (2024, July). Exploring the mental health status of Filipino adults in underserved communities in the Philippines. In A. Reyes (Chair), *Addressing global health inequities and challenges in rural Filipino communities*. Symposium conducted at the 35th International Nursing Research Congress of the Sigma Theta Tau International Honor Society of Nursing. Singapore, Presenter/Author.
- ***Reyes, A. T.** (2023, October). *Betrayal trauma, resilience, and posttraumatic stress among Filipino American women*. Podium presented at the 49th Annual Conference of the Transcultural Nursing Society. Charleston, South Carolina. Presenter/Author.
- ***Reyes, A. T.** (2023, August). *The difference in the effect of a mindfulness app intervention between Caucasian, African-American, Asian, and Hispanic nurses who have been traumatized by the COVID-19 pandemic*. Poster presented at the Annual Conference of the Asian American Pacific Islander Nurses Association. Los Angeles, California. Presenter/Author.
- ***Reyes, A. T.** (2023, July). Exploring barriers to healthcare provision in underserved communities in the Philippines: Perspectives of healthcare providers. In J. Kawi (Chair), *Philippines' Struggle Against Systemic Racism and Health Disparities*. Symposium conducted at the 34th International Nursing Research Congress of the Sigma Theta Tau International Honor Society of Nursing. Abu Dhabi, United Arab Emirates, Presenter/Author.
- ***Reyes, A. T.** (2022, November). *The effect of a mindfulness app intervention on race among frontline nurses traumatized by the COVID-19 pandemic*. Podium presented at the 48th Annual Conference of the Transcultural Nursing Society. Louisville, Kentucky. Presenter/Author.
- ***Reyes, A. T.** (2022, October). *Developing an educational framework for improving intervention adherence and PTSD outcomes of a mindfulness app for college student military veterans: A feasibility study*. Podium presented at the 36th Annual Conference of the American Psychiatric Nurses Association. Long Beach, California. Presenter/Author.
- ***Reyes, A. T.** (2022, July). Improving adherence and outcomes of a digital-based mental health intervention for trauma-related disorders from COVID-19. In J. Kawi (Chair), *Leveraging digital healthcare interventions in research to evaluate clinical outcomes: Applications to global nursing knowledge*. Symposium conducted at the 33rd International Nursing Research Congress of the Sigma Theta Tau International Honor Society of Nursing. Edinburgh, Scotland, Presenter/Author.
- Reyes, A. T.** (2022, July). *Trends and issues in nursing research: Molding globally competent nurses*. Virtual symposium presented at the Graduate School of the Doña Remedios Trinidad Romualdez Medical Foundation. Leyte, Philippines, Primary Author/Presenter (invited).
- ***Reyes, A. T.** (2021, October). *The role of resilience in posttraumatic stress disorder (PTSD) and family norms against disclosure of mental health problems among Filipino American women*. Podium presented at the 47th Annual Transcultural Nursing Society Conference. Albuquerque, New Mexico, Primary Author/Presenter.
- ***Reyes, A. T.** (2020, October). *Promoting advocacy through developing a non-stigmatizing mindfulness and acceptance intervention for college student veterans with PTSD*. Podium presented at the 45th American Association for Men in Nursing (AAMN) LEAP Conference. Virtual Conference, Primary Author/Presenter.
- ***Reyes, A. T., & Gangozo, W.** (2019, October). *Enhancing resilience of college student veterans through mindfulness: A smartphone-app-based intervention*. Poster presented at the 44th American Association for Men in Nursing (AAMN) LEAP Conference. Orlando Florida, Primary Author/Presenter.

- ***Reyes, A. T.** (2019, July). Cultural factors affecting resilience of Filipino immigrant women. In J. Kawi (Chair), *Exploring resilience among Asian immigrants toward improving global healthcare*. Symposium conducted at the 30th International Nursing Research Congress of the Sigma Theta Tau International Honor Society of Nursing. Calgary, Alberta, Canada, Presenter/Author.
- Kawi, J., & **Reyes, A. T.** (2019, July). Resilience: Understanding how Asian immigrants manage in the face of chronic pain. In J. Kawi (Chair), *Exploring resilience among Asian immigrants toward improving global healthcare*. Symposium conducted at the 30th International Nursing Research Congress of the Sigma Theta Tau International Honor Society of Nursing. Calgary, Alberta, Canada, Co-Presenter/Co-Author.
- ***Reyes, A. T.** (2018, October). *College student veteran's experience with posttraumatic stress symptoms: A grounded theory study*. Podium presented at the 43rd American Association for Men in Nursing (AAMN) LEAP Conference. Milwaukee, Wisconsin, Primary Author/Presenter.
- ***Reyes, A. T., Arenas, R. A.,** Constantino, R. E., Cross, C. L., & Tan, R. A. (2018, September). *Posttraumatic stress disorder, resilience, and trauma exposure among Filipino American women*. Podium presented at the 15th Annual Conference of the Asian American Pacific Islander Nurses Association. Durham, North Carolina, Primary Author/Presenter.
- ***Reyes, A. T.** (2018, August). *Trauma and resilience among Filipino American women*. Podium presented at the 39th Annual University of the Philippines Nursing Alumni Association International Convention. Las Vegas, Nevada, Primary Author/Presenter (invited).
- ***Reyes, A. T.** (2018, August). *Resilience and acculturative stress among foreign-born Filipino American women*. Poster presented at the 39th Annual University of the Philippines Nursing Alumni Association International Convention. Las Vegas, Nevada, Primary Author/Presenter (invited).
- ***Reyes, A. T.** (2017, September). *Male university student veterans' understanding and enactment of resilience: A qualitative study*. Poster presented at the 42nd American Association for Men in Nursing (AAMN) LEAP Conference. Las Vegas, Nevada, Primary Author/Presenter.
- Reyes, A. T.,** & Constantino, R. E. (2017, March). *Asian American women's resilience: An integrative review*. Podium presented at the 14th Annual Conference of the Asian American Pacific Islander Nurses Association. Honolulu, Hawaii, Primary Author/Presenter.
- Estrada, J., Isla, K., Tejada, M., **Reyes, A. T.,** & Lee, H. (2017, March). *The association between posttraumatic stress disorder and telomere length: An integrative review*. Podium presented at the 14th Annual Conference of the Asian American Pacific Islander Nurses Association. Honolulu, Hawaii, Secondary Author/Presenter.
- ***Reyes, A.** (2016, March). *Exploring the global impact of a grounded theory study about nursing students' understanding and enactment of resilience*. Podium presented at the 13th Annual Conference of the Asian American Pacific Islander Nurses Association. Baja, Mexico, Primary Author/Presenter.
- ***Reyes, A.** (2015, October). *Strategies for enhancing resilience of new graduates practicing mental health nursing*. Podium presented at the 2015 National Conference of the Canadian Federation of Mental Health Nurses. Niagara Falls, Ontario, Canada, Primary Author/Presenter.
- ***Reyes, A.** (2008, January). *Developing confidence in cultural competence: A common learning area for healthcare professional students*. Podium presented at the Fourth Annual National Interprofessional Healthcare Student Conference. London, Ontario, Canada, Primary Author/Presenter.
- *Andrusyszyn, M. A., Iwasiw, C. L., Kerr, M., Goldenberg, D., Sinclair, B., Parsons, C., Mawdsley, C., Lethbridge, K., Beynon, C., Booth, R., **Reyes, A.,** & McHale-Waring, J. (2007, July). *Perspective transformation of registered nurse mentors and BScN student mentees: First year study outcomes*. Podium presented at the Sigma Theta Tau International 18th International Nursing Research Congress Focusing on Evidence-Based Practice. Vienna, Austria, Co-Author.
- *Iwasiw, C. L., Andrusyszyn, M. A., Kerr, M., Goldenberg, D., Sinclair, B., Parsons, C., Mawdsley, C., Lethbridge, K., Beynon, C., Booth, R., **Reyes, A.,** & McHale-Waring, J. (2007, July). *Empowerment of BScN students and RNs through mentoring relationships*. Podium presented at

the Sigma Theta Tau International 18th International Nursing Research Congress Focusing on Evidence-Based Practice. Vienna, Austria, Co-Author.

- ***Reyes, A.** (2007, February). *Mapping the journey of new graduates through a dynamic and interactive online reflective practice*. Podium presented at the Canadian Nurses Association National Nursing Leadership Conference. Ottawa, Ontario, Canada, Primary Author/Presenter.
- *Andrusyszyn, M. A., Iwasiw, C. L., Kerr, M., Goldenberg, D., Sinclair, B., Parsons, C., Mawdsley, C., Lethbridge, K., Beynon, C., Booth, R., **Reyes, A.**, & McHale-Waring, J. (2006, November). *Mentoring relationships between RNs and BScN students*. Podium presented at the CASN /ACÉSI National Nursing Research Conference. Victoria, British Columbia, Canada, Co-Author.
- ***Reyes, A.**, & Srivastava, R. (2006, October). *Reflective practice through journey mapping as an evaluation strategy of self-efficacy of second-entry baccalaureate new graduates*. Podium presented at the First International Symposium on Excellence in Second-Entry Baccalaureate Nursing Education: Best Practices Locally & Globally. Toronto, Ontario, Canada, Primary Author/Presenter.
- Srivastava, R., Munger, F., Khanlou, N., **Reyes, A.**, & Pottinger, A. (2006). *Weaving cultural competence into clinical care*. First National Education International Conference (NETNEP 2006, May). Vancouver, British Columbia, Canada. Co-Author.
- ***Reyes, A.** (2006, April). *An education initiative for pre-retirement psychiatric mental health nurses: A feasible, workable solution to nursing workforce challenges and lack of evidence-based care planning and clinical decision making*. Podium presented at the 2006 International Society of Psychiatric Nurses Conference. Denver, Colorado, USA, Primary Author/Presenter.
- Reyes, A.**, & Rogers, N. (2006, March). *Increasing the utilization of evidence in clinical decision making in psychiatric nursing practice through leadership among front-line care nurses and peer mentoring process*. Poster presented at the NLN.ON Conference. Toronto, Ontario, Canada, Primary Author/Presenter.
- Reyes, A.** (2005, May). *Enhancing the teaching role of the nurse in the community reintegration of psychiatric inpatients*. Poster presented at the 2005 National Conference of the Canadian Confederation of Mental Health Nurses. Winnipeg, Manitoba, Canada, Primary Author/Presenter.
- Reyes, A.** (2004, July). *Using evidence-based nursing for teaching psychiatric inpatients develop effective community reintegration skills*. Poster presented at the 15th International Honor Society of Nursing International Research Congress. Dublin, Ireland, Primary Author/Presenter.
- Reyes, A.**, & Naval, A. (2003, October). *The reintegration of the severely mentally ill from the inpatient unit to the urban community*. Poster presented at the Second International Conference on Urban Health. New York City, New York, USA, Primary Author/Presenter.

Presentations – Regional and State

(Underline denotes mentored student co-authors.)

- Reyes, A. T.**, & Gregorio A. (2026, March 9). *Racial difference in trauma outcomes after a mindfulness app intervention in frontline nurses: A randomized controlled trial*. Poster presented at the 2026 Yucha Lecture Poster Fair. University of Nevada, Las Vegas, Las Vegas, Nevada. Presenter/Author. Winner: First Prize for Best Poster, Faculty Category.
- ***Reyes, A. T.** (2024, November). *A mindfulness app for nurses with posttraumatic stress disorder from the COVID-19 pandemic: A randomized controlled trial*. Poster presented at the 7th University Medical Center of Southern Nevada Annual Research Empowerment Day. Las Vegas, Nevada, Primary Author/Presenter. Poster awarded as Honorable Mention for being the only clinical research poster during the event.
- Reyes, A. T.** (2022, December). *Providing culturally competent care*. Podium presented at the Quarterly Continuing Education Unit (CEU) Event of Seven Hills Hospital. Henderson, Nevada, Primary Author/Presenter (invited).
- Reyes, A. T.** (2022, November). *Testing the preliminary efficacy of a mindfulness-based smartphone app intervention for nurses traumatized from the COVID-19 pandemic*. Podium presented at the

2022 Annual Meeting of the Mountain West Clinical & Translational Research Infrastructure Network (MW CTR-IN Program). Las Vegas, Nevada. Primary Author/Presenter.

- Reyes, A. T.** (2021, June). *Resilience of the Filipino healthcare worker in the midst of the COVID-19 pandemic*. Podium presented at the Continuing Education Unit (CEU) Event of the Philippine Nurses Association of Nevada (PNANV). Virtual Continuing Education Event, Primary Author/Presenter (invited).
- Sy, F., & **Reyes, A. T.**, Borines, Z., & Fernan, C. (2020, October). *The impact of COVID-19 pandemic on the Filipino American community in Southern Nevada*. Podium presented at the Continuing Education Unit (CEU) Event of the UNLV School of Public Health, the Nevada Office of Minority Health, the Nevada Minority Health and Equity Coalition, UNLV Wellness Zone Department of Wellness Promotion, Asian Community Resource Center, The University of the Philippines Medical Alumni Society in America, and the Coalition Planning Team. Virtual Continuing Education Event, Co- Author/Co-Presenter (invited).
- Reyes, A. T.**, Borines, Z., & Fernan, C. (2020, July). *An Introduction to Centering and Cultural Competence in Trauma-Informed Care*. Podium presented at the Continuing Education Unit (CEU) Event of the Asian American/Pacific Islander Nurses Association (AAPINA) of Nevada. Virtual Continuing Education Event, Primary Author/Presenter (invited).
- ***Reyes, A. T.**, & Gangozo, W. (2019, September). *Enhancing resilience of college student veterans through mindfulness: A smartphone-app-based intervention*. Poster presented at the 2nd University Medical Center of Southern Nevada Annual Research Empowerment Day. Las Vegas, Nevada, Primary Author/Presenter.
- ***Reyes, A. T.**, & Gangozo, W. (2019, September). *Enhancing resilience of college student veterans through mindfulness: A smartphone-app-based intervention*. Poster presented at the 2019 Convention of the Nevada Nurses Association. Las Vegas, Nevada, Primary Author/Presenter.
- Reyes, A. T.** (2019, August). *PTSD and Cultural Competence*. Podium presented at the Quarterly Continuing Education Unit (CEU) Event of Seven Hills Hospital. Henderson, Nevada, Primary Author/Presenter (invited)
- ***Reyes, A. T.**, Serafica, R., & Acupan, A. R. (2019, March). *Resilience, acculturative stress, and family norms against disclosure of mental health problems among foreign-born Filipino American women*. Podium presented at the First State Conference of Asian American/Pacific Islander Nurses Association of Nevada. Ensenada, Mexico. Primary Author/Presenter.
- ***Reyes, A. T.** (2017, November). *Student Veterans' Resilience: A Constructivist Grounded Theory Study*. Podium presented at the Brown Bag Series of the University of Nevada, Las Vegas, School of Nursing. Primary Author/Presenter (invited).
- Reyes, A. T.** (2016, November). *Introduction to Trauma-Informed Care*. Podium presented at the Quarterly Continuing Education Unit (CEU) Event of Seven Hills Hospital. Henderson, Nevada, Primary Author/Presenter (invited)
- Estrada, J., Tejada, M., **Reyes, A. T.**, Isla, K., & Lee, H. (2016, November). *An integrative review of association between posttraumatic stress disorder and telomere length*. Poster presented at the UNLV Fall 2016 Undergraduate Research Showcase. Las Vegas, Nevada, USA, Co-Author.
- ***Reyes, A. T.** (2016, October). *Nursing students' understanding and enactment of resilience: A grounded theory study*. Poster presented at the Highlighting Member Scholarship: STTI Zeta Kappa-at-large Chapter. Las Vegas, Nevada, Primary Author/Presenter (invited).
- ***Reyes, A.** (2014, April). *Nursing students' understanding and enactment of resilience: A grounded theory study*. Podium presented at the 27th Annual Research Conference, Sigma Theta Tau International, Iota Omicron Chapter. London, Ontario, Canada, Primary Author/Presenter.
- ***Reyes, A.**, Andrusyszyn, M. A., Iwasiw, C. L., Lethbridge, K., McKale-Waring, J., Booth, R., Goldenberg, D., Babenko-Mould, Y., McCreedy, J., Mawdsley, C., Parsons, C., Beynon, C., Sinclair, B., & Kerr, M. (2008, May). *BScN students' and nurses' views of formal mentoring relationships: Qualitative evidence*. Podium presented at the 21st Annual Research Conference, Sigma Theta Tau International, Iota Omicron Chapter. London, Ontario, Canada, Primary Author/Presenter.

- Reyes, A.** (2007, April). *Concept analysis: Cultural self-efficacy*. Podium presented at the 20th Annual Research Conference, Sigma Theta Tau International, Iota Omicron Chapter. London, Ontario, Canada, Primary Author/Presenter.
- *Lethbridge, K., Iwasiw, C. L., Andrusyszyn, M. A., Kerr, M., Goldenberg, D., Sinclair, B., Parsons, C., Mawdsley, C., Beynon, C., Booth, R., **Reyes, A.**, Babenko-Mould, Y., & McKale-Waring, J. (2007, April). *RNs' and BScN students' expectations of empowerment in a mentoring relationship*. Podium presented at the 20th Annual Research Conference, Sigma Theta Tau International, Iota Omicron Chapter. London, Ontario, Canada. Co-Author.
- Reyes, A.** (2004, October). *Best practices in discharge planning: A tale of two psychiatric inpatient units*. Podium presented at the St. Michael's Hospital Annual Clinical Day in Psychiatry. Toronto, Ontario, Canada, Primary Author/Presenter.

Media Appearance

- Reyes, A. T.** (Guest Speaker). (2021, December 22). Chapter 5: The Overworked [Special Radio Broadcast]. In KNPR, Nevada Public Radio (Host and Producer), Las Vegas, NV: KNPR Radio.
- Reyes, A. T.** (Guest Speaker). (2021, June 31). Resilience of the Filipino healthcare worker amidst the COVID-19 pandemic [Weekly Radio Program]. In Doris Bauer of the Philippine Nurses Association of Nevada (Host and Producer), *FilipiNARS*. Las Vegas, NV: PHLV Radio.
- Reyes, A. T.** (Guest Speaker). (2019, May 20). Mindfulness and posttraumatic stress disorder [Weekly Radio Program]. In M. Aczon-Armstrong of Asian American Pacific Islander Nurses Association of Nevada (Host and Producer), *Healthy Mondays*. Las Vegas, NV: PHLV Radio.
- Reyes, A. T.**, Serafica, R., & Ivey, A. (Guest Speakers). (2019, January 14). Men in the nursing career and profession [Weekly Radio Program]. In M. Aczon-Armstrong of Asian American Pacific Islander Nurses Association of Nevada (Host and Producer), *Healthy Mondays*. Las Vegas, NV: PHLV Radio.
- Reyes, A. T.** (Guest Speaker). (2018, August 20). Resilience and psychological trauma among Filipino women: Stress management [Weekly Radio Program]. In M. Aczon-Armstrong of Asian American Pacific Islander Nurses Association of Nevada (Host and Producer), *Healthy Mondays*. Las Vegas, NV: PHLV Radio.

Grants (Current and Previous Support)

Current support

National (External):

Readiness Optimization Through Telehealth Care (The R.O.T.C. Study).

Co-investigator.

Department of Defense Military Health System Research Program (MHSRP)

\$964,806.000 (11/01/2025-10/30/2027)

National (External):

Examining Individual and Healthcare Provider Barriers to Depression Screening, Diagnosis, and Referral in Populated Filipino-American Counties in Virginia and Maryland.

Co-investigator.

PhRMA Collaborative Actions to Research Equity (CAREs) Grant.

\$43,000 (11/01/2024-11/01/2025)

School Level (Internal):

Integrating the Multi-Theory Model of Health Behavior Change Into the Mindfulness- and Acceptance-Based Smartphone App Intervention for College Student Veterans with Posttraumatic Stress Disorder.

Principal Investigator

UNLV School of Nursing Intramural Grant.

\$10,000 (07/01/2023-11/30/2025)

Previous support**University Level (Internal):**

Testing the Feasibility of a Mindfulness- and Acceptance-Based Smartphone App Intervention for College Student Veterans with Posttraumatic Stress Disorder (PTSD): A Randomized Controlled Trial. Principal investigator. UNLV Faculty Opportunity Award. \$19,594. 07/01/2021-06/30/2022.

University Level (Internal):

Refining and Testing the Efficacy of a Mindfulness- and Acceptance-Based Smartphone App Intervention for College Student Veterans with Posttraumatic Stress Disorder (PTSD): A Randomized Controlled Trial. Principal investigator and Mentor to Ehdzky Manzano who is the recipient of the Undergraduate Research Stipend. UNLV Office of Undergraduate Research Summer Undergraduate Research Funding (OUR SURF). \$2000 awarded to Andrew Thomas Reyes to support the research and \$1,500 awarded to Ehdzky Manzano as stipend as a research assistant. 07/01/2021-12/31/2021.

Regional:

Refining and Testing a Mindfulness/Acceptance-Based Smartphone App Intervention to Develop Resilience Among Nurses Traumatized from the Effects of the COVID-19 Pandemic. Principal Investigator. Mountain West CTR-IN (National Institute of General Medical Sciences of the National Institutes of Health). \$60,000. 07/15/2021-07/15/2022

Promoting Resilience through a Mindfulness App among College Student Veterans with Posttraumatic Stress Disorder. Principal investigator. Zeta Kappa-at-Large Chapter of Sigma Theta Tau International. \$2,500. 03/19/2019-03/20/2020.

School Level (Internal)

Enhancing Resilience of College Student Veterans through Mindfulness: A Smartphone-App-Based Intervention. Principal investigator and Mentor to William Gangozo who is the recipient of the Undergraduate Research Stipend. UNLV Office of Undergraduate Research Summer Undergraduate Research Funding (OUR SURF). \$1500. 05/28/2019-09/01/2019.

Seed Funds Support**Previous Support (School Level, Internal)**

Development of a Smartphone-App Resilience Intervention for College Student Veterans. Principal investigator. UNLV School of Nursing Dean Research Support Fund. \$1500. 12/20/2018-11/26/2019.

University Student Veterans' Experience with Posttraumatic Stress Symptoms: A Grounded Theory Study. Principal investigator. UNLV School of Nursing Dean Research Support Fund. \$1100. 10/31/2017-10/31/2018.

Resilience, Acculturative Stress, and Trauma Experience of Filipino American Women. Principal investigator. UNLV School of Nursing Dean Research Support Fund. \$3000. 06/21/2017-06/21/2018.

Student Veterans' Understanding and Enactment of Resilience. Principal investigator. UNLV School of Nursing Dean Research Support Fund. \$800. 10/31/2016-04/01/2017.

Submitted Grants (Unfunded)**Federal Level:**

Determining the Effectiveness of a Mindfulness- and Acceptance-Based Smartphone App Intervention. Principal Investigator. National Institute of Health/National Center for Complementary and Integrative Health (NIH/NCCIH, R01). \$1,857,719. Submitted: June 2, 2023. Principal Investigator. Status: Unfunded.

Testing the Feasibility of a Mindfulness Smartphone App for College Student Military Veterans with Posttraumatic Stress Disorder Symptoms. Principal Investigator. National Institute of Health/National Institute of Mental Health (NIH/NIMH, R34). \$666,309. Submitted: June 14, 2023. Status: Unfunded.

Readiness Optimization Through Telemedicine Care (The ROTC Study). Qualitative Data Expert. Department of Defense, U.S. Army Medical Research and Development Command, Congressionally-Directed Medical Research Programs, Clinical Trial Award with Planning Phase. \$545,488. Submitted: June 2023. Status: Unfunded.

Testing the Efficacy of an Acceptance-and-Commitment-Therapy Smartphone-App for College Student Veterans with PTSD: A Randomized Controlled Trial Study. Principal Investigator. Sigma Theta Tau International Doris Bloch Research Award. \$5,000. Submitted: June 24, 2020. Status: Unfunded.

Feasibility Testing of a Smartphone-App Resilience Intervention for College Student Veterans' with Posttraumatic Stress Disorder. Principal Investigator. National Institute of Health/National Center for Complementary and Integrative Health (NIH/NCCIH, R34). \$441,015. Submitted: June 14, 2019. Status: Unfunded.

Cultural Factors Affecting Resilience among Filipino American Women with History of Trauma: An Ethnographic Study. Principal Investigator. American Psychiatric Nurses Association. \$5,000. Submitted: March 15, 2019. Status: Unfunded.

Resilience Training Program Based on Acceptance and Commitment Therapy for College Student Veterans with PTSD. Principal Investigator. Department of Defense, U.S. Army Medical Research Acquisition Activity (USAMRAA). \$502,901. Submitted: September 29, 2017. Status: Unfunded.

University Student Veterans' Experience with Posttraumatic Stress Symptoms: A Grounded Theory Study. Principal Investigator. American Psychiatric Nurses Association. \$9,055. Submitted: March 14, 2017. Status: Unfunded.

University Student Veterans' Experience with Posttraumatic Stress Symptoms: A Grounded Theory Study. Principal Investigator. Sigma Theta Tau International. \$5,000. Submitted: December 1, 2016. Status: Unfunded.

PTSD, Resilience, Trauma Exposure among Filipino American Women. Principal Investigator. Asian American/Pacific Islander Nurses' Association. \$5,000. Submitted: December 15, 2016. Status: Unfunded.

Regional/Local Level:

Testing the Acceptability and Preliminary Efficacy of a Mobile App Mindfulness Intervention for College Student Veterans with PTSD: A Randomized Controlled Trial. Principal Investigator. Nevada IDEA Network of Biomedical Research Excellent (Nevada INBRE). \$10,000. Submitted: October 15, 2019. Status: Unfunded.

Testing the Acceptability and Preliminary Efficacy of a Mobile App Mindfulness Intervention for College Student Veterans with PTSD: A Randomized Controlled Trial. Principal Investigator. Mountain West CTR-IN (National Institute of General Medical Sciences of the National Institutes of Health). \$60,000. Submitted: December 30, 2019 Status: Unfunded

Promoting Resilience among College Student Veterans through Mindfulness. Principal Investigator.

Nevada IDEA Network of Biomedical Research Excellent (Nevada INBRE). \$10,000. Submitted: January 25, 2018. Status: Unfunded.

Feasibility Study of a Cognitive-Behavior Self-Management Intervention to Promote Resilience and Post-Traumatic Growth Among College Students with Post-Traumatic Stress Disorder. Principal Investigator. Zeta Kappa-at-Large Chapter of the Sigma Theta Tau International. \$2,500. Submitted: January 31, 2017. Status: Unfunded.

TEACHING:

Courses Taught

University of Nevada, Las Vegas School of Nursing

NURS 781	Qualitative Research Methods in Nursing (PhD level)
NURS 721	Evidence-Based Practice for the Registered Nurse (Master's in nursing level)
NURS 706	Nursing Theory and Research (Master's in nursing level)
NURS 711	Nursing Informatics and Quality Improvement (Master's in nursing level)
NURS 420	Evidence-Based Practice and Research in Nursing (undergraduate level)
NURS 419L	Care of Individuals and their Family Experiencing Emotional or Mental Health Disruptions: Laboratory (undergraduate level)
NURS 299	Nutrition and Development across the Lifespan (pre-nursing)
NURS 140	Medical Terminology (pre-nursing)

York University (Canada)

NURS 3524	Health and Healing: Client Centred Care of Individuals and Families in Mental Health Settings (undergraduate)
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Humber-University of New Brunswick (Canada)

NRS 206	Concentrated Clinical Practice – Mental Health (undergraduate)
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University of Western Ontario (Canada)

N2252	Professional Nursing Practice II – Mental Health (undergraduate)
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Student Mentoring in Dissertation and Theses

University of Nevada, Las Vegas

Chair of the Following PhD Students:

1. Wendy Matthews (Nursing) – graduated in Spring 2022
Dissertation Title: Exploring Gen Z Nursing Students' Experience and Emotional Processing in Simulation: A Grounded Theory Study
2. Bonni Cohen (Nursing) – graduated in Spring 2023
Dissertation Title: The Lived Experience of the DNP-to-PhD Nursing Graduate: Examining the Journey
3. Lourdes Jamison (Nursing) – graduated in Spring 2025
Dissertation Title: Discovering the Shared Beliefs, Values, and Perceptions of Nursing Faculty Related to Integration of SDOH in the Nursing Curriculum: A Focused Ethnographic Study
4. Candace Stidolph (Nursing) – current student
Dissertation Title: Adapting to Rural Healthcare Practice as a New Nurse Practitioner: A Constructivist Grounded Theory Study
5. Jaime Young (Nursing) – current student
Dissertation Title: The Lived Sexual Health Experience While Undergoing Colorectal Cancer Treatment
6. Catherine Gonzalez (Nursing) – current student
Dissertation Title: Work in progress; topic: cultural humility

7. Andrea Koplin (Nursing) – current student
Dissertation Title: Work in progress; topic: learning processes of Gen Z nursing students

Co-Chair of the Following PhD Student:

1. Laura Chechel (Nursing) – current student
Dissertation Title: Work in progress
2. Angela Sojobi (Nursing) – graduated in December 2021
Dissertation Title: Social Support of Mexican Immigrant Women with Gestational Diabetes Mellitus: A Constructivist Grounded Theory Study

Dissertation Committee Member of the Following Current PhD Students:

1. Kevin Dangler (Nursing)
2. Angela Lopatka (Nursing)

Dissertation Committee Member of the Following Graduated PhD Students:

1. Anna Wendel (Nursing) – graduated in Fall 2020
2. Carol Senette (Nursing) – graduated in Fall 2020
3. Rebecca Baumeister (Nursing) – graduated in December 2021
4. Rebecca Boni (Nursing) – graduated in Fall 2019
5. Meghan Leibzeit (Nursing) – graduated Spring 2023
6. Sarah Zvonar (Nursing) – graduated Spring 2023
7. Shelley Price (Nursing) – graduated Fall 2023
8. Carrie Jeffrey (Nursing) – graduated Fall 2023
9. Andrew White (Nursing) – graduated in Spring 2026

Committee Member (Graduate College Rep) of the Following Masters Students:

1. Danny Bareis (Master of Kinesiology, Department of Kinesiology & Nutrition Sciences, School of Integrated Health Sciences) – graduated in Spring 2019
2. Lawrence Sagadraca (Master of Public Health, Department of Environmental and Occupational Health, School of Public Health) – graduated in Fall 2019
3. Miklo Azrael A. Alcalá (Master of Public Health, Department of Environmental and Occupational Health, School of Public Health) – graduated in Summer 2024
4. Analisa Ramirez (Master of Public Health, Department of Environmental and Occupational Health, School of Public Health) – graduated in Summer 2026
5. Charlz Laccay (Master of Public Health, Department of Environmental and Occupational Health, School of Public Health) – graduated in Summer 2026

Student Mentoring in Research
University of Nevada, Las Vegas

Undergraduate Students:

1. Jonica Estrada, served as co-author in 1 publication and 2 conference presentations (Biological Sciences)
2. Katrina Isla, served as co-author in 2 publications and 2 conference presentations (Nursing)
3. William Gangozo, served as co-author in 2 publications and 3 conference presentations (Nursing)
4. Ehdzky-Ray Manzano, currently serving as co-author (Nursing)

Masters Students:

1. Alvin Acupan, served as co-author in 3 publications and 1 conference presentation (Nursing)

PhD Students:

1. Angela Sojobi, served as co-author in 1 publication (Nursing)
2. Carol Senette, served as co-author in 1 publication (Nursing)

3. Rebecca Boni, served as co-author in 1 publication (Nursing)
4. Candace Stidolph, served as co-author in 1 publication (Nursing)

SERVICE:

School/Department/University

University of Nevada, Las Vegas (UNLV)

Fall 2025 – Present	Graduate College, R1 Graduate Research Committee, UNLV
Fall 2022 – Present	Member, Advisory Council, Honors College, UNLV
Fall 2022–2024	Chair, Bylaws Committee, School of Nursing, UNLV
Fall 2019–Summer 2022	Elected Senator, UNLV Faculty Senate
Fall 2021–Summer 2022	Member, Bylaws Committee, School of Nursing, UNLV
Fall 2019–Present	Elected Member, Faculty Search Committee
Fall 2019	Volunteer, Poverty Simulation
Summer 2019	Volunteer, Poverty Simulation
Spring 2019	Volunteer, Poverty Simulation
Fall 2018–Summer 2019	Chair, School of Nursing Academic Affairs Council
Fall 2018 (October)	Faculty Senate Representative (Proxy to Cheryl Maes)
Spring 2018	Volunteer, Poverty Simulation
Fall 2017–Fall 2018	Chair Elect, School of Nursing Academic Affairs Council
Fall 2017	Volunteer, Poverty Simulation
Summer 2017	Volunteer, Poverty Simulation
Fall 2016–Summer 2017	Member, School of Nursing Academic Affairs Council
Fall 2016	Guest Lecturer, NURS 419 Mental Health
Summer 2016	Guest Lecturer, NURS 419 Mental Health
Spring 2016	Guest Lecturer, NURS 419 Mental Health

Editor for a Peer-Reviewed Journal

International Journal of Nursing Education Scholarship

Advisory Board Member, 2024-2026

Nevada Office of Minority Health & Equity of the Department of Human Services

Professional Organizations

2024-Present	President, Asian American Pacific Islander Nurses Association (AAPINA) of Nevada, a chapter of the national AAPINA
2023-2024	President-Elect, Asian American Pacific Islander Nurses Association (AAPINA) of Nevada, a chapter of the national AAPINA.
2018–2020	President, Men in Nursing of Southern Nevada, a chapter of the American Association for Men in Nursing
2018–Present	Founding Member, Asian American/Pacific Island Nurses Association (AAPINA) of Nevada
2017–2019	Treasurer, Zeta Kappa-at-large Chapter of the Sigma Theta Tau International
2017–Present	Member, American Psychiatric Nurses Association
2017–Present	Member, Philippine Nurses Association of Nevada
2016–Present	Member, Asian American/Pacific Island Nurses Association (AAPINA)
2016–Present	Member, Editorial Board, <i>Annals of Nursing Research and Practice</i>
2016	Member, Conference Planning Committee, Asian American Pacific Islander Nurses Association

2015	Member, Accreditation Leadership Team, Centre for Addiction and Mental Health, Toronto, Canada
2005	Member, Certification Item-Writing Development Committee, Canadian Nurses Association, Ottawa, Canada
2004	Member, Certification Competency Development Committee, Canadian Nurses Association, Ottawa, Canada
2004	Mentor, RNAO (Registered Nurses' Association of Ontario) Advanced Clinical Practice Fellowship, Toronto, Canada

Public Service/Community Engagement

2019, October	Volunteer, Health Fair, Citizenship and Health Fair, 4276 Spring Mountain Rd, Las Vegas, Nevada sponsored by the Asian Community Development Council
2018, October	Coordinator of Health Fair, Citizenship and Health Fair, Rio Resort and Casino, Las Vegas, Nevada sponsored by the Asian Community Development Council
2023, December	Certificate of Recognition, Office of the Nevada State Governor Joe Lombardo
2023, December	Certificate of Recognition, Office of the Nevada State Assemblyman Duy Nguyen
2024, December	Certificate of Recognition, Office of the Congresswoman Susie Lee, U.S. House of Representatives, Third Congressional District of Nevada

Scholarship/Award Reviewer

Reviewer, 2025 J. Frank and Joan Uhl Pierce Transcultural Nursing Award, sponsored by the Transcultural Nursing Society. This award recognizes a nurse who exemplifies the integration of culturally competent care into nursing practice.

Manuscript Reviewer for Peer-Reviewed Journals

AIDS Care Journal
American Journal of Critical Care
Annals of Nursing Research and Practice
Applied Nursing Research
Archives of Psychiatric Nursing
Asian Pacific Island Nursing Journal
Biological Research for Nursing
BMC Nursing
BMC Public Health
Brain and Behavior Journal
Cognitive and Behavioral Practice
European Journal of Psychotraumatology
European Journal of Trauma & Dissociation
Health Psychology & Behavioral Medicine
International Journal of Nursing Studies
International Journal of Nursing Studies Advances
International Journal of Nursing Education Scholarship
Issues in Mental Health Nursing
Japan Journal of Nursing Science
Journal of Contextual Behavioral Science
Journal of Immigrant and Minority Health
Journal of Medical Internet Research

Journal of Nursing Practice
Journal of Transcultural Nursing
Military Medical Research
Military Psychology
Mindfulness
Nursing Education in Practice
Nursing & Health Sciences
Patient Preference and Adherence Journal
Perspective in Psychiatric Care
SAGE Open
Social Work in Mental Health
Substance Use and Misuse
Western Journal of Nursing Research

Professional Memberships

<u>Date</u>	<u>Organization</u>
2018-present	Asian/Pacific Islander Nurses Association (AAPINA) of Nevada
2018-present	Western Institute of Nursing
2017-present	American Association for Men in Nursing (AAMN)
2017-present	American Psychiatric Nurses Association (APNA)
2016-present	Philippine Nurses Association, Nevada Chapter
2016-present	Sigma Theta Tau International Zeta Kappa-at-Large Chapter
2015-present	Asian American Pacific Islander Nurses Association (AAPINA)
2018-2022	Men in Nursing of Southern Nevada (MNSN)
2008-2017	Sigma Theta Tau International Iota Omicron Chapter
2002-2004	Sigma Theta Tau International Zeta Nu Chapter
2000-2015	Canadian Federation of Mental Health Nurses
2000-2015	Canadian Nurses Association, member
2000-2015	Registered Nurses' Association of Ontario

February 2026

To Whom it May Concern,

I am writing to express my interest in joining the Advisory Council for the Nevada Office of Minority Health & Equity. With a deep-rooted passion for maternal health equity and a commitment to serving diverse communities, I am eager to contribute my skills, experience, and perspective to support the council's mission of advancing health equity and addressing disparities across Nevada.

As a doula deeply engaged in community advocacy and maternal health initiatives, I have witnessed firsthand the significant impact of systemic inequities on the health outcomes of marginalized populations, particularly within the realm of maternal and reproductive health. Through my involvement in organizing Black Maternal Health Week events, facilitating community conversations for doulas and families, and volunteering as a team lead for the Maternal Mental Health Leadership Alliance, I have gained invaluable insights into the multifaceted challenges facing minority communities and the critical need for targeted interventions and policy solutions to promote health equity and ensure culturally responsive care for all individuals.

I am eager to collaborate with fellow council members, stakeholders, and community partners to identify and address the root causes of health disparities, advocate for policy changes, and develop innovative strategies to improve health outcomes and promote wellness among underserved populations in Nevada. With my combination of professional expertise, community engagement, and passion for social and reproductive justice, I am confident in my ability to make meaningful contributions to the council's efforts and drive positive change for the health and well-being of all Nevadans.

Thank you for considering my application. I look forward to the opportunity to contribute to the important work of the Advisory Council for the Nevada Office of Minority Health and Equity!

Respectfully,

Tiara Flynn

Tiara Flynn
Founder/Owner – The Phenomenal Mama
Full Spectrum Doula | Speaker | Advocate

Tiara Flynn

5792 Ireland Ridge Ct. Las Vegas, NV | (702) 419-4055 | tiarasumnu@gmail.com | tiara@thephenomenalmama.com | www.thephenomenalmama.com

SUMMARY



Tiara provides expertise and experience in:

Business ownership - executive level administration, staff/employee training, business and leadership development, proposal submissions, day to day operations management, project management/coordination, scope of work development and tracking, and budget development.

Military - high-tempo operations, scheduling of personnel and aircraft, creating and training in various systems and programs, programs' management, organization of leadership presentations and coordination of workshops and panel discussions.

Additionally (proficient in) – *Microsoft Office Suite, Zoom Communications, WebEx, Basecamp Project Management & Team Communication Software, Mailchimp Email Marketing Software, QuickBooks Intuit, Eventbrite, Canva Design, Adobe Creative Cloud Suite, Animoto Video Editing, Nimble Database Tracking, Adobe Spark, Proposify, and more!*

BACKGROUND

Tiara was born in raised in Las Vegas, NV and lived in a big household of 10 people (2 adults and 8 children). She started working at the age of 14 on a local political campaign as one of the organizers and door to door canvassers. From there she worked a couple of other jobs, at the mall, in fast food, and eventually at her father's marketing firm as the first intern.

Upon graduation from high school, Tiara immediately enlisted in the United States Air Force where she served for nine years. There she completed three duty assignments, three overseas deployments and supported numerous relief and humanitarian missions. It was during her military tenure that she developed excellent problem-solving skills with great attention to detail. She was often placed in newly developing operations centers, and during a particular overseas assignment, was tasked with creating systems and the training continuity for her unit to work with 18 different country embassies in securing diplomatic country clearances of personnel and aircraft. One of which included the US Secretary of State

Halfway through her military career, Flynn rejoined the family marketing firm as majority owner and President/CEO during the rebrand. In 2016, she separated from the military completely to primarily focus on her executive role with the company and drive strategic direction. During her time as owner/CEO, Tiara wanted to extend the company's product offerings to an online platform. Thus, build, designed, created content for, and establish an original marketing membership platform, the Sumnu Solutions Zone. This platform was designed specifically for aspiring entrepreneurs and small business owners to learn the marketing process and achieve business development simultaneously.

While the family firm was an incredible launching pad into business ownership for Flynn, her true passion was in birth work. Ultimately, she made the decision to minimize her role and involvement as majority owner and CEO in the family firm. In the spring of 2019, she began her official certification to become a birth and postpartum doula. Although she had been assisting family and close friends at the births, her official certification was stalled due to the COVID-19 global pandemic. Ultimately, Tiara's dream is to open a full-service *birthing village* for families. Tiara launched her full-spectrum doula services practice, Phenomenal Mama in November 2021.

Tiara Flynn

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From all her experience thus far in life, Tiara adds a very diverse perspective and approach to every team and project.

EXPERIENCE

U.S. Air force, February 2007 to February 2016

Administration

- Created 500+ briefings for special operations location. Ensured accurate reporting for higher management
- Managed training records for 5k aviators
- Improved 70+ work center procedures in multiple geographic locations/implemented 22 new policies

OPERATIONS

- Scheduled/executed daily flight operations for 4 major weapons systems
- Executed \$38M, \$3.7K annual flying hour program for 14 aircraft worth \$1.2B
- Performed 700+ pre/post reports for training and real-world combat missions

SUPERVISION/TRAINING

- Ran command & controller center for 800 personnel
- Trained 51 personnel. Increased work center productivity by 30%/filled 50% of vacancies

COMMUNICATION

- Communicated effectively with 18 different country embassy's securing 214 diplomatic country clearances for 3 aircraft over 24-month period
- Coordinated lodging, visa approvals, country clearances for 24 personnel in Secretary of the State movements.

SUMNU MARKETING, PRESIDENT/CEO – 2011 to 2021

As President/CEO, Flynn brings a leadership and management style that consists of discipline and attention to detail from her military experience that pushes the team to strive for excellence daily.

Sumnu Marketing was formed in 2011 as a spin off brand of Newsome Marketing Enterprises. Flynn joined the executive team during the re-brand and restructure. Sumnu Marketing is a small business marketing firm with an emphasis on branding, marketing, social media, and internet marketing. Sumnu Marketing was recognized as SBA Nevada Family-Owned Small Business of the Year.

- Sumnu has worked with the Regional Transportation Commission and the City of North Las Vegas on special projects related to outreach and small businesses.
- The firm's clients include MGM Resorts International and NV Energy (the state's largest utility company).
- Small business clients include Credit Management Association, Live Electric, and Martin Harris Construction
- Sumnu Marketing is active nationally with the U.S. Chamber of Commerce, U.S. Black Chamber of Commerce and Small Business Majority, a non-profit organization for small businesses.
- The firm's local associations are the Vegas Chamber of Commerce and Urban Chamber of Commerce.

PHENOMENAL MAMA, FOUNDER/OWNER – 2021 to Present

As a full spectrum doula Tiara provides compassionate and personalized support to families before, during, and after childbirth, fostering a calm and empowering environment for birthing families.

The Phenomenal Mama was launched in August 2021.

Vision – Through continued outreach and education, our company wants to positively impact the overall maternal mortality and maternal mental health rates around the world.

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Mission – To educate, support, and advocate for families throughout the entire spectrum of reproduction. Ultimately the goal is to put the power of their healthcare back into their hands for better understanding of their care, rights, opportunities, and potential outcomes.

Through doula work, Tiara has worked on several community programs and initiatives over the past couple of years.

- Spearheaded several community events to promote awareness and advocacy for Black Maternal Health Week (The Kinship Cookout) - organizing educational workshops, panel discussions, and outreach initiatives to address disparities and improve outcomes for Black birthing individuals and families.
- Initiated and facilitated community conversations for doulas and families, creating safe and inclusive spaces for open dialogue, sharing resources, and fostering mutual support among birth workers and community members.
- Volunteered as a team lead for the Maternal Mental Health Leadership Alliance's – Maternal Health Advocacy Day – three years in row. Actively participating in planning and coordinating initiatives for Maternal Mental Health Day, including awareness campaigns, educational sessions, and support group activities aimed at promoting maternal well-being and reducing stigma surrounding mental health challenges during the perinatal period.
- Collaborated with local organizations, healthcare providers, and community leaders to advocate for policies and practices that prioritize maternal health equity, participating in advocacy campaigns, community partnerships, and policy forums to address systemic barriers and promote access to culturally responsive care for all birthing individuals and families.
- Engaged in ongoing professional development and education on topics related to maternal health, diversity, equity, and inclusion, actively seeking opportunities to enhance knowledge and skills, and contribute to the advancement of equitable and accessible care for diverse communities.

KEY QUALIFICATIONS

Certified, Full Spectrum Doula – Birth Advocacy Doula Trainings (BADT)
Graduate, Northwest Career College Certified Medical Administrative Assistant

Administration

Leadership

Management

Data Collection

Scheduling

Training/Education

Community Relations

Customer Service

Directing/Team Lead

Planning / Event Coordination

Process Improvement

AWARDS/RECOGNITIONS

Women in Business & Politics Awardee

Nevada SBA Family-Owned Business of the Year, 2015

Air Force Commendation Medal

Air Force Achievement Medal

National Defense Service Medal

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Afghanistan Campaign Medal
Global War on Terrorism Expeditionary Medal
Air Force Overseas Ribbon Long
Air Force Expeditionary Service Ribbon
USAF Non-commissioned Officer Graduation Ribbon
Airman Leadership School Distinguished Graduate

EMPLOYMENT HISTORY

2006 – 2007 Newsome Marketing Enterprises
2007 – 2012 Aviation Resource Management U.S. Air Force
2012 – 2014 Current Operations Scheduler
2014 – 2015 Aviation Resource Management, Assistant Non-Commissioned Officer in Charge
2015 Command Chief Executive Assistance, U.S. Air Force
2015 – 2016 Aviation Resource Management, Non-Commissioned Officer in Charge
2011 – Present Sumnu Marketing, President/CEO
2021 – Present Phenomenal Mama, Founder

VOLUNTEER/COMMUNITY INVOLVEMENT

BOARDS/COMMITTEES

- Small Business for America's Future, **Small Business Advisory Council Member**
- DOULA CO-OP of Nevada, **Southern Nevada Chapter President**
- Heart & Sol Collective, **Executive Board Member**
- Business Development Advisory Council for Clark County (BDAC) **Member**
- Committed to Our Business Community **Member**
- DreamSAFE Project Non-Profit Org **Board Member**
- Las Vegas Global Economic Alliance (LVGEA) **Small Business Advisory Council**